






# SENIOR SERVICE CENTER MENU

## September 2007

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b></p> <p><b>Labor Day Holiday</b>  <b>All Senior Service Centers</b>  <b>Closed</b></p> <p><b>Suggested Donation</b>  <b>Is \$2.00 per meal.</b>  <b>Our cost is \$4.05 per meal.</b>  <b>Menu Subject to Change</b></p>	<p><b>4</b></p> <p>Chicken Teriyaki            Rice            Green Peas            Whole Grain Bread            Apricots</p> 	<p><b>5</b></p> <p>Baked Ham w/Pineapple Sauce            Sweet Potatoes            Broccoli Parmesan            Whole Grain Bread            Tropical Fruit</p>	<p><b>6</b></p> <p>Veal Parmesan Rotini            w/Tomato Sauce            Italian Blend Vegetables            Tossed Green Salad            Italian Bread            Apples</p>	<p><b>7</b></p> <p>Beef Pot Roast w/Gravy            Whipped Potatoes            Sliced Carrots            Orange Juice            Whole Grain Bread            Birthday Cake</p>
<p><b>10</b></p> <p>Meatloaf w/Gravy            Baked Potato            California Vegetables            Whole Grain Bread            Pear Halves</p>	<p><b>11</b></p> <p>Lemon Pepper Fish            w/Tartar Sauce            Scalloped Potatoes            Broccoli            Whole Grain Bread            Purple Plums</p>	<p><b>12</b></p> <p>Beef Stew            Green Beans            Waldorf Salad            Whole Grain Bread            Brownie</p> 	<p><b>13</b></p> <p>Baked Chicken            Cranberry Sauce            Whipped Potatoes            Brussels Sprouts            Whole Grain Bread            Orange Blossom Pudding</p>	<p><b>14</b></p> <p>Macaroni Beef Bake            Spinach            Tossed Green Salad            Orange Juice            Italian Bread            Fruited Jell-O</p>
<p><b>17</b></p> <p>Stuffed Green Peppers            w/Tomato Sauce            Cauliflower            Mexicali Vegetables            Whole Grain Bread            Apricots</p> 	<p><b>18</b></p> <p>Franks &amp; Sauerkraut            Baked Beans            Carrots            Pineapple Juice            Whole Grain Bread            Applesauce &amp; Cookies</p>	<p><b>19</b></p> <p>Chicken &amp; Biscuits            Whipped Potatoes            Oriental Vegetables            Orange Juice            Biscuits            Butterscotch Pudding</p>	<p><b>20</b></p> <p>Roast Pork w/ Gravy            Sweet &amp; Sour Red Cabbage            Oven Roasted Potatoes            Winter Squash            Whole Grain Bread            Peanut Butter Swirl Brownies</p>	<p><b>21</b></p> <p>Beef Tips &amp; Mushrooms            Noodles            Green Beans            Whole Grain Bread            Cantaloupe</p> 
<p><b>24</b></p> <p>Cheese Omelet            Potatoes O'Brien            Broccoli &amp; Mushrooms            Whole Grain Bread            Tropical Fruit</p>	<p><b>25</b></p> <p>Spinach Rice            Green Beans Almondine            Pineapple Cabbage Salad            Whole Grain Bread            Apricots</p> 	<p><b>26</b></p> <p>Corned Beef w/Cabbage            Parsley Potatoes            Sliced Carrots            Whole Grain Bread            Chocolate Pudding            w Whipped Topping</p>	<p><b>27</b></p> <p>Baked Fish Florentine            w/Tartar Sauce            Escalloped Potatoes            Zucchini &amp; Tomatoes            Whole Grain Bread            Oatmeal Cookies</p>	<p><b>28</b></p> <p>Macaroni &amp; Cheese            Spinach            3 Bean Salad            Italian Bread            Fruited Jell-O</p>
			