

**Greene County
OASAS Sub Committee
February 4, 2008**

Present: Susan Owens, Jackie Franks-Novine, Jane Doris, Cathy Start, Barbara Palmateer, and Tammy Hall.

Review of Minutes & Committee Business: The minutes were reviewed, changes were made and accepted. The meeting schedule and agenda was defined and agreed upon, updates to follow. Tammy Hall was named as Vice Chair of the Committee. Cathy Start will present updates to the Community Services Board at the monthly meeting while Susan Owens is out on medical leave in March and April. Each month Jackie Franks-Novine will make phone calls to each Committee member reminding them of the upcoming meeting date and time. Susan Owens reported that she has requested that Peter Conrad contact prospective members as the County leader and inform the committee of any potential candidates.

Guest Speaker Update:

Discussion and confirmation of guest speaker schedule:

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| ✓ February 4, 2008 | TCRS Prevention |
| ○ March 3, 2008 | Jane Doris, TCRS Clinical |
| ○ April 7, 2008 | Kellie Darling, Catskill Community Center |
| ○ May 5, 2008 | County Plan/Mission: Beth Schuster |
| ○ June 2, 2008 | Methadone Treatment Center |

Guest Speaker (s):

Helen Exum from TCRS is the Prevention Educator at Catskill Elementary, Catskill Middle School, Coxsackie – Athens elementary, and Hunter-Tannersville elementary Schools reported on the programs she offers as part of the curriculum, in these schools. The programs run 8-13 weeks and focus mainly on personal skill building. Topics include anger management, skill building in relationship to peer pressure, time management and tobacco as an addictive substance is covered. Helen has recently begun using guided imagery for stress management. All programs are with parental/guardian consent and are completely voluntary.

Louise Turgeon, the Director of the Prevention and Adolescent Treatment services offered through TCRS shared with the Committee the programs offered through the Intervention programs at the Catskill Jr. and Sr. High Schools, Coxsackie –Athens High School and Hunter- Tannersville High School. The interventions programs are offered to students either by self-referral or school personnel refers candidates. Students can be seen up to three times without parental/guardian consent/knowledge. If more counseling is needed parental/guardian approval must be given. These programs are all offered through a contract agreement with each school district.

Adult Drug Court Update:

Lolly Sinclair is overseeing drug court for TCRS. There is currently a session in progress with graduation coming up in the near future.

Family Dependency Treatment court:

There are no participants at this time.

Twin County Update:

- OASAS completed on site visits to both Riverside as well as upstairs for the outpatient services programs. They will be visiting Sylvia's Satellite Program at Greene County Mental Health in the near future.
- TCRS is waiting to learn about the MATS program being extended.
- TCRS is currently looking for additional Substance Abuse Clinical staff.
- TCRS is looking for a case manager for the Riverside program.
- TCRS will be holding a seminar on March 13, 2008 with guest speaker ANN QUINN on Trauma & Addiction, which will be open to the community for \$20.00 per person.
- TCRS is looking in to offering a series of trainings in conjunction with Conifer Park on clarifying the obstacles surrounding Urine Drug Screens and false positives. Jane Doris supplied the group with a list of items that can also cause a false positive in a drug screen. Those items included:
 - Poppy Seeds
 - Mouthwash contain alcohol
 - Cold or cough medicine containing alcohol (i.e.; Nyquil)
 - Strength building supplements such a creatine or energy drinks
 - Tanning products that contain hemp oil
 - Any beer, liquor or wine products that is "non-alcoholic"
 - Any food that contains or was cooked with alcohol

The next committee meeting will be held MONDAY March 3, 2008 at 3:00 pm at TCRS in Catskill. The REGULAR MEETINGS WILL CONTINUE TO BE HELD ON THE FIRST MONDAY OF THE MONTH AT 3:00PM.