





GREENE COUNTY DEPARTMENT FOR THE AGING NUTRITION PROGRAM

ALL PERSONS OVER 60 (and spouses) ARE INVITED TO ATTEND

SUGGESTED DONATION IS \$3.00



SERVED DAILY: WHOLE GRAIN BREAD (unless otherwise noted) with PROMISE SPREAD

2012	Monday	Tuesday	Wednesday	Thursday	Friday
FEB. 1-3			SHEPHERD'S PIE MASHED POTATOES CARROTS BIRTHDAY CAKE* <i>* Diet Dessert Subst</i>	ROAST TURKEY with Gravy STUFFING CRANBERRY SAUCE WHIPPED POTATOES BRUSSELS SPROUTS CINNAMON GRAPE DESSERT* <i>* Diet Dessert Subst</i>	STUFFED CABBAGE ROLL over BROWN RICE WINTER VEGETABLE MIX TOSSED SALAD ITALIAN BREAD APRICOTS
FEB 6-10	CHICKEN DIVAN RICE V-8 JUICE BROCCOLI PINEAPPLE DELIGHT* <i>* Diet Dessert Subst</i>	MEATLOAF with Pan Gravy BAKED POTATO SPINACH TROPICAL FRUIT	BAKED HAM with Pineapple Sauce* <i>* low salt diet subst</i> ESCALLOPED POTATOES ORIENTAL VEGETABLES APRICOTS	BEEF TIPS with Mushrooms over NOODLES CARROT COINS CRANBERRY JUICE CHOCOLATE MOUSSE* <i>* Diet Dessert Subst</i>	BROCCOLI-CHEESE FISH FILLET MASHED POTATOES TOSSED SALAD SUCCOTASH FRUIT COCKTAIL
FEB 13-17	VEAL PARMESAN with LINGUINI in TOMATO SAUCE MIXED VEGETABLES PEACHES	 BAKED CHICKEN CRANBERRY SAUCE SWEET POTATOES BROCCOLI STRAWBERRIES & CREAM PIE* <i>* Diet Dessert Subst Diet Vanilla Pudding with strawberries & whipped topping</i>	BEEF POT ROAST with Gravy OVEN ROASTED RED POTATO CARROTS TROPICAL FRUIT	PORK CHOPS with Gravy STUFFING RED CABBAGE MASHED POTATOES FRESH WINTER SQUASH RYE BREAD FRESH BANANA	CRUNCHY CHICKEN CASSEROLE MONACO VEGGIES MANDARIN ORANGES
FEB 20-24	 PRESIDENTS' DAY ALL SENIOR SERVICE CENTERS CLOSED NO MEALS SERVED OR DELIVERED	SALISBURY STEAK with Pan Gravy POTATOES O'BRIEN BROCCOLI CHOCOLATE MOUSSE* <i>* Diet Dessert Subst</i>	BAKED TILAPIA with Lemon Butter Sauce HERBED RICE SPINACH TROPICAL FRUIT	ROAST PORK with Gravy SWEET & SOUR CABBAGE OVEN BROWNED POTATOES FRESH SQUASH LIME JELL-O with PEARS	MACARONI & CHEESE BRUSSELS SPROUTS STEWED TOMATOES FRESH GRAPES
FEB 27-29	STUFFED GREEN PEPPERS with Brown Rice OLD FASHIONED MIXED VEGETABLES PEACHES	CHICKEN DIJON ROASTED RED POTATOES PEAS & MUSHROOMS CRANBERRY JUICE MANDARIN ORANGES & PINEAPPLE	HUNGARIAN GOULASH over Noodles GREEN BEANS V-8 JUICE BUTTERSCOTCH PUDDING* <i>* Diet Dessert Subst</i>		